



Newsletter

Diocese of Arundel & Brighton

10th March 2024

Sunday Masses are available via the Cathedral live stream on www.arundelcathedral.uk

SUNDAY 10, 4th 'Laetare' Sunday of Lent, Year B

(2 Chronicles 36:14-16, 19-23; Ephesians 2:4-10; John 3:14-21)

6pm Saturday at the Convent: People of the Parish

9.15am Mass: Damian Simmons RIP; 11.15am Mass: Mike Bull RIP

MONDAY 11, Monday of the Fourth Week in Lent

(Isaiah 65:17-21; John 4:43-54) No Mass

TUESDAY 12, Tuesday of the Fourth Week in Lent

(Ezekiel 47:1-9, 12; John 5:1-16)

10.00am Mass: Holy Souls

WEDNESDAY 13, Wednesday of the Fourth Week in Lent

(Isaiah 49:8-15; John 5:17-30)

8.30am Mass at the Convent of Poor Clares

THURSDAY 14, Thursday of the Fourth Week in Lent

(Exodus 32:7-14; John 5:31-47)

10.00am Mass: Holy Souls

FRIDAY 15, Friday of the Fourth Week in Lent

(Wisdom 2:1a, 12-22; John 7:1-2, 10, 25-30)

10.00am Mass: Vera Perkins RIP

SATURDAY 16, Saturday of the Fourth Week in Lent

(Jeremiah 11:18-20; John 7:40-53)

10.00am Mass: John Hennon RIP

6.00pm Mass at the Convent of Poor Clares: People of the Parish

NEXT SUNDAY 17, 5th Sunday of Lent, Year B

(Jeremiah 31:31-34; Hebrews 5:7-9; Jn 12:20-33)

9.15am Mass: Gerard Joseph Phillips RIP; 11.15am Mass: Vera O'Hare RIP & Ann Francis RIP

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

Canon David Parmiter
Cathedral Dean

Rev. Mr. David Clifton L.Th
Deacon (Retired)

MEETINGS OF THE STORRINGTON & ARUNDEL COMMUNITIES

Thank you to all who attended the second meeting of the two communities in Storrington last Sunday.

If you were unable to attend and would like to contribute, please complete the online form (link sent on Thursday) or the form attached to this newsletter hard copy, and return by Wednesday 13th March at midday.

A summary of Fr Stephen's talk at the meeting is also attached /was sent by e-mail.

Please continue to pray for our communities at this time.

On the weekends of 9/10 March and 16/17 March

Canon David will be covering Masses at Storrington and Fr Stephen will be covering the Masses in the Cathedral and at the Poor Clares.

MOTHERING SUNDAY BREAKFAST THIS Sunday, 10th March

Calling all ladies of the parish - young and old - you are warmly invited to our annual Mothering Sunday Breakfast in the Cathedral Centre immediately after the 9.15am Mass.

Those gentlemen who would like to help and serve at this function, please come along as well.

Many hands make light work.

SACRAMENT OF RECONCILIATION is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

ROSARY is prayed regularly on a Tuesday after 10am Mass **and** will also be prayer on the **first Saturday of each month** at 9.15am. All are welcome.

PEACE IN THE MIDDLE EAST

We continue to pray for peace in Israel and Gaza and the surrounding area. Please also pray for peace and respect in our own Country, that we may all live in peace and security.

TUESDAY AFTERNOON "DROP IN"

Every Tuesday until 19th March
(then the 1st Tuesday of the month)
at the Cathedral Centre (lower hall)
from 2-4pm.

All are welcome for tea/coffee, games, meeting new and old friends for chat and laughter.

On 12 March "Singing Superstars" from St Philip's Primary School will come to entertain us.



LITURGY OF THE WORD WITH CHILDREN

will take place on the following dates at 9.15am Mass:
24th March (Palm Sunday) 14th & 28th April 2024

CONVENT OF POOR CLARES, CROSSBUSH

Taizé prayer will take place in March but not on the last Friday of month, instead moving a week earlier.

FRIDAY 22nd March at 7:15 YOU ARE WELCOME!

LENT

STATIONS OF THE CROSS will take place every Friday at 7pm alternating between St Nicholas' Church and the Cathedral, this Friday 15th March AT St Nicholas' Church. All are welcome.

LENTEN ALMS COLLECTION We will collect for St Wilfrid's Hospice this Lent, more details see over.

DEANERY LENT RECONCILIATION SERVICES

Sunday 17th March 4pm at Our Lady of England,
Storrington

Tuesday 19th March 7pm at Our Lady of Sorrows,
Bognor Regis.

All are welcome.

THE DIOCESAN INVITED COURSE runs again in Lent. You can access this online individually or as a group at [Invited | Arundel & Brighton Diocese \(abdiocese.org.uk\)](https://abdiocese.org.uk) and there will also be a group on Saturday mornings 10.30am at Our Lady of England Priory Hall. All are welcome.

LENT GROUP at the Convent of the Poor Clares, began on Thursday 15th February, between 7pm and 8pm, all welcome.

LENTEN SOUP LUNCHESES AT ST RICHARD'S CHURCH SLINDON on Thursdays throughout Lent from 12 noon to 2pm (11am for Stations of the Cross). All donations to Stonepillow, homeless charity.

Taking a Towel: A Lenten Retreat Day Wed 13 March 10am to 4pm at Sussex Heritage Centre, Warningcamp, Arundel, BN18 9QY. As we approach Holy Week there will be space for quiet reflection and input from Roger Hagon who is experienced in Ignatian Spirituality. Cost £15, please bring a packed lunch. To book contact Maria on 01903 413606 or info@sussexheritage.co.uk. Also Individually Guided Residential Retreat 20 to 23 March see website for details.

CORPUS CHRISTI & CARPET OF FLOWERS

The date when the carpet of flowers will be on view to the public this year is **29th & 30th May**, with the Mass and procession taking place on Thursday 30th.

To make this event possible we need lots of volunteers from Sunday 26th May – Friday 31st. **Can you help?** If you want to know more e-mail Louise at

arundel@abdiocese.org.uk

LENTEN ALMS St Wilfrid's Hospice is an independent local charity that provides expert end-of-life care to local lives suffering with a terminal illness. At any one time, they support over 325 people, from their 14-bed Ward at the Hospice and our Hospice Community Team visiting local people at home. It costs over £9 million a year, over £26,000 a day, to provide these high-quality services without charge to the local community. Only a small percentage of the care costs are currently met by an NHS grant, so St Wilfrid's rely on public donations to ensure as many people as possible in the local community can receive the care and support they provide.

THANK YOU for giving to CAFOD's Family Fast Day appeal this Lent. Your generous donations, given in love, will support families around the world and help them with the resources to feed their families for good. You can still give online at www.cafod.org.uk

PARISHIONER SUSAN HILES would like to say a very big THANK YOU for all of your donations to her walking challenge for Dementia UK. The amount raised so far (£419.00) has exceeded her original target. You can still donate at: [Just Giving Susan Hiles](#)

PLEASE PRAY FOR all who have died recently, especially Canon Michael Spelman. We pray for all those who are sick, for whatever reason, that they might find healing and full recovery. For Ian Caws, Ann Rowe, Paul Rumball, Paul Walker, Lizzie Bennett, Pat Burton, Eve Larley, Thérèse Kemp, Richard Crosby, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Andrew Naylor, Irena Ray-Crosby, Indigo Ashworth, Sylvia Reilly, Fr Dominic O'Hara, Carmel Morison, Margaret and Terry Molland, Leigh Warren-Thomas, Ronald Hutton, Tom Fox, Charlotte Cooper, John McDermott, Paul and Eileen Rogerson, Betty Barrett, Pat Smithson and all in the local hospitals, hospices, the Priory or in their own homes.

FINANCIAL MATTERS

Many parishioners now donate by setting up a standing order from their bank. This is usually made monthly but can be at other regular intervals such as weekly, quarterly or annually. This is a very convenient method and is a great help to the parish to have the certainty of this regular income. The amount the parish receives, averaged on a weekly basis, is £825.

2/3 March: received by standing order	825
Cash in Gift Aid envelopes	171
Cash not gift aided	262
	<u>£1,258</u>
Budget	<u>£1,250</u>

THANK YOU for your donations for St Wilfrid's Hospice (Lenten Alms) £205.83 last week.

GIFT AID If you are a taxpayer and don't already Gift Aid your donations please speak to or e-mail Martin Hall on ga.arundel@abdiocese.org.uk or the Cathedral Office.

FINANCE

If you wish to make a donation to the Cathedral online, here's how:

Direct to the Cathedral bank account:

Bank: HSBC, 69 Pall Mall, London

Account Name: Arundel Cathedral

Sort Code: 40 05 20

Account No.: 41076566

Or via the parish website [Arundel Cathedral – Arundel Cathedral](#) there is a 'Click to donate..' button at the top of the home page. You can Gift Aid via this method.

DONATION DEVICES We have two donation devices in the Cathedral where you can donate by card, and you can Gift Aid your donations. We also have a poster and banner with a QR code.

COLLECTION THIS SUNDAY: Easter Flowers

NEXT SUNDAY: 17th March Making Easter cards after 9.15am Mass in the Cathedral Centre. Come along and re-use and recycle for Easter.

DIOCESAN LOURDES PILGRIMAGE If you're thinking of joining the Diocesan Lourdes Pilgrimage this summer, on the 50th Anniversary of the pilgrimage, complete an application at: [Lourdes Pilgrimage \(abdiocese.org.uk\)](http://LourdesPilgrimage.abdiocese.org.uk) Some categories are already fully booked but there are still some transport and accommodation spaces for Helpers / Clinicians / Chaplains (especially those who can push wheelchairs to help our male assisted pilgrims), and we have accommodation space for (able) Pilgrims who are able to make their own way to Lourdes.

NEWS FROM ACROSS THE DIOCESE The diocesan Communications Team produces a free, weekly, online E-Bulletin newsletter. You can sign up to it using this link: <https://mailchi.mp/7529e811ae63/joinourlist>

LIVESTREAM Please note that the livestream camera is on all of the time and a live view of the sanctuary and crossing area are permanently on view via our own website and Church Services TV. If you are likely to be visible on this camera and do not wish to be, please speak to Canon David or Louise.

THE GOVERNORS OF ST RICHARD'S CATHOLIC PRIMARY SCHOOL IN

CHICHESTER are looking to appoint an exceptional individual to become our Head of School, from September 2024. We are seeking an inspirational leader to drive the school forward, in collaboration with our Executive Headteacher, as it continues its journey to excellence. The successful candidate will be a committed Catholic with positive, dynamic and ambitious vision who has the ability to inspire those around them. If you would like to find out more about the post or book a tour, please contact Mrs Hannah Farrands on 01243 784549.

Closing date: Monday 18th March 2024

Shortlisting: Thursday 21st March 2024

Interviews: Wednesday 27th March 2024

"THE PROMISE OF THE FATHER" is an exciting new course for Arundel and Brighton Diocese in support of The Word Who is Life Pastoral Plan. The course is free and aims to help us to live our lives empowered by the Holy Spirit. It is held over seven sessions, each with a well renowned speaker and small group discussions and starts just after Easter, on the 10th April 2024 and will run to the 23rd May. The Promise Of the Father promises to be an exciting, enriching and God willing, a life-changing experience for everyone. Spaces in the venue and online are limited so early booking is essential, so please book now using the link below to avoid disappointment. You can find more information on the course and book your place here:

<https://www.catholicparishofworthingandlancing.co.uk/the-promise-of-the-father/>

NEW PARISH CONTACT FOR MISSIO (RED BOXES) Missio is the Pope's charity for world mission and helps local missionaries to work alongside global communities that are poor or in need. Support of Missio can be financial, either by having a physical red box or donating directly e.g. by Direct Debit, as well as through prayer. Further information about the work of Missio and ways to support can be found on their website missio.org.uk

Frances Challen has recently taken on the role of Missio Representative Local Secretary and will shortly be in contact with those listed as having a Red Box to check the list is up to date. If you have a red box (or don't have one but would like one) but don't hear from Frances, please get in touch.

THE BOSCO CATHOLIC EDUCATION TRUST, which exists to serve Catholic schools in Sussex, invites you to **consider taking on the wonderful role of being a governor**. You could do this to help your local Catholic school or support the strategic development of the Trust itself. To register your interest, join our 'talent pool' and find out if this could be the role for you, please visit www.boscocet.org.uk/become-a-governor/. You have something unique to offer and we'd love to hear from you.

GIFT AID DONORS in order to save costs on envelopes and postage, if you have an e-mail address and have not previously received your end of year statement by e-mail, please send your e-mail address to Martin Hall on ga.arundel@abdiocese.org.uk Your details will not be passed on or used for anything other than Gift Aid.

PART-TIME ASSISTANT SAFEGUARDING CO-ORDINATOR The St Philip Howard Centre, 4 Southgate Drive, Crawley, West Sussex RH10 6RP Part time (0.6 FTE). Salary £35,000-£40,000 FTE. Application deadline: 10 March Shortlisting: Thursday: 11 April Interviews in Crawley: Friday 19 April 2024. The Diocese of Arundel & Brighton is seeking to recruit a part-time Assistant Safeguarding Coordinator to support the work of our Safeguarding team and facilitate safe environments and consistently high standards across our parish communities. The Diocese is committed to safeguarding as an integral part of the life and ministry of the Church, supported by and in compliance with the policies and procedures of the Catholic Safeguarding Standards Agency. The successful applicant will have a minimum of three years' experience in safeguarding, having worked to promote the needs of children, young people and adults at risk in a multi-agency setting. The post holder will be responsible for training and recruiting Parish Safeguarding Representatives and for deputising for the Safeguarding Co-ordinator, maintaining close links with statutory agencies, partner agencies, and MAPPA (Multi-Agency Public Protection Arrangements). Further details and information regarding how to apply, can be found via this link [P/T Assistant Safeguarding Co-ordinator | Careers \(abdiocese.org.uk\)](https://abdiocese.org.uk)

CHILWORTH ABBEY STUDY MORNING

Saturday 16 March Led by Fr John Seddon OSB, on Part 7 of Jeff Cavin's 'A Quick Journey through the Bible', dealing with Ezra and Nehemiah and 1 Maccabees: Return and Maccabean Revolt. Mass 9am, Video and Talks 10.30am-12.15pm. Bring a friend if possible. See W: chilworthbenedictines.com for more details.

CAN WE PRAY FOR YOU? Every Easter around 1,000 children with disabilities accompanied by 2,000 volunteer helpers go on pilgrimage to Lourdes enjoy a 'holiday with Mary'. This tailored pilgrimage gives children with disabilities a life changing experience and their families a time of respite. Group 154 is one of Sussex's groups with helpers and children from across the Cathedral Deanery. At the back of the church you'll find prayer request cards. Please do fill them in and at Night Prayer and Mass we'll remember your intentions. And before we leave we'll leave these cards at the feet of Our Lady at the Grotto.

INSPIRING WOMEN: Women and Synodality SATURDAY 16TH MARCH, 2024 11.00am-12.45pm. Avril Baigent and Helen Burgess will explore the synodal journey and encounter the voice of women. Helen is the lead Chaplain at the University of Bedfordshire. Avril is co-director of the School for Synodality and the pastoral ministry advisor and synod co-lead for the Diocese of Northampton. Join as individuals or a Parish group. For zoom link please contact nbcw@abdiocese.org.uk

THE CATHOLIC WOMEN'S LEAGUE (CWL) are keen to set up groups in parishes where a group doesn't already exist. CWL members enjoy a mixture of social, charitable, educational and spiritual activities and each group sets their own programme of activities. Apart from local meetings (normally once a month), there are opportunities to attend Diocesan and National events, both in-person and online and to be part of a global network of women's organisations. At the moment, membership costs each member £26 per year, but you can fundraise as a group to cover the cost if they so wish. If you're interested, have a look at their website; [Home - The Catholic Women's League \(catholicwomensleaguecio.org.uk\)](https://catholicwomensleaguecio.org.uk). and contact **Ann Campbell** at atjcampbell@sky.com who would be able to supply further information

CONCERT in the Cathedral next Saturday 16th March 7.30pm, 'A Night at the Opera' with the London Concertante, see [16th-march-arundel-cathedral-a-night-at-the-opera-candlelight-concerts – London Concertante](https://16th-march-arundel-cathedral-a-night-at-the-opera-candlelight-concerts-london-concertante) for full details.