



## Newsletter

**Diocese of Arundel & Brighton 14<sup>th</sup> January 2024**

Sunday Masses are available via the Cathedral live stream on [www.arundelcathedral.uk](http://www.arundelcathedral.uk)

**SUNDAY 14, 2<sup>nd</sup> Sunday in Ordinary Time, Year B**

(1 Samuel 3:3b-10, 19; 1 Corinthians 6:13c-15a, 17-20; John 1:35-42)

9.15am Mass: Paul & Anne Dunkley RIP

11.15am Mass: KHS Intention for Christians in the Holy Land

**MONDAY 15, Feria in Ordinary Time, Week 2**

(1 Samuel 15:16-23; Mark 2:18-22)

No Mass

**TUESDAY 16, Feria in Ordinary Time, Week 2**

(1 Samuel 16:1-13; Mark 2:23-28)

10.00am Mass: Agnes McGing RIP

**WEDNESDAY 17, Mem: St Anthony, Abbot**

(1 Samuel 17:32-33, 37, 40-51; Mark 3:1-6)

8.30am Mass at the Convent of Poor Clares

**THURSDAY 18, Feria in Ordinary Time, Week 2**

(1 Samuel 18:6-9; 19:1-7; Mark 3:7-12)

10.00am Mass: For the intentions of Very Rev. John Sexton

**FRIDAY 19, Feria in Ordinary Time, Week 2**

(1 Samuel 24:3-21; Mark 3:13-19)

10.00am Mass: for the intentions of Kathleen Dodd

**SATURDAY 20, Our Lady on Saturday**

(2 Samuel 1:1-4, 11-12, 19, 23-27; Mark 3:20-21)

10.00am Mass: Holy Souls

6.00pm Mass at the Convent of Poor Clares: People of the Parish

**NEXT SUNDAY 21, 3<sup>rd</sup> Sunday in Ordinary Time, Year B**

(Jonah 3:1-5, 10; 1 Corinthians 7:29-31; Mark 1:14-20)

9.15am Mass: Private Intention

11.15am Mass: Deceased brothers of the Arundel Catenian Circle

**Emergency Telephone Numbers.**

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

**Tel: 01903 882297**

**Web Site: [www.arundelcathedral.uk](http://www.arundelcathedral.uk)**

**Email: [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)**

**Canon David Parmiter**  
**Cathedral Dean**

**Rev. Mr. David Clifton L.Th**  
**Deacon (Retired)**

### NEW PASTORAL PLAN FOR THE DIOCESE

'The Word Who is Life: The Call to Mission'. Is available on the diocesan website this week: [www.abdiocese.org.uk/diocese/pastoral-plan](http://www.abdiocese.org.uk/diocese/pastoral-plan) with hard copies available to read in the parish. Bishop Richard hosted a Pastoral Plan Webinar for people across our diocesan community this week, a recording of which is available on the above website.

**DIOCESAN PASTORAL PLAN** You will by now, hopefully, have had a chance to read the latest version of the plan, launched on January 2<sup>nd</sup>. As well as setting out pastoral priorities for the coming years, it includes radical structural changes to make us better equipped to meet the challenges of today. This Deanery will be one of the first to implement those changes. Over the next few weeks the clergy will be able to meet with lay leadership teams to gather first impressions and questions that need further discussion. The clergy will then meet with Canon Kieron O'Brien and Deacon Nick St. John on February 13<sup>th</sup> to report on these meetings and consider the next steps, in particular ways to involve the lay faithful in implementing the plan. We will be able to tell you more after that meeting. If you have not already done so, please read through the plan to inform yourself of what is proposed.

Canon Peter Newsam

### PRAYER FOR THE DIOCESE

**Lord, the Word who is Life.**

**May all the people of our Diocese  
grow in openness  
to the power of the Holy Spirit,  
so that through a growth  
in understanding and courage,  
and truly open to your call,  
we may bear powerful witness  
to all around us,  
for you are Lord for ever and ever.  
Amen.**

**NEWS FROM ACROSS THE DIOCESE** The diocesan Communications Team produces a free, weekly, online E-Bulletin newsletter. You can sign up to it using this link: <https://mailchi.mp/7529e811ae63/joinourlist>

**SACRAMENT OF RECONCILIATION** is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

**ROSARY** is prayed regularly on a Tuesday after 10am Mass **and** will also be prayer on the **first Saturday of each month** at 9.15am. All are welcome.

**CRIB COLLECTION** is for the Catholic Children's Society Crisis Fund and will remain in place until the Candlemas (2<sup>nd</sup> February). The fund has been a tremendous help to many families in our Diocese and will continue to be for so many during the cost of living crisis. Your contributions to the fund will be particularly welcome.

**THIS SUNDAY IS PEACE SUNDAY** and there will be a second collection for the work of Pax Christi. To find out more about their work see: [Pax Christi England and Wales – International Catholic Movement for Peace](http://PaxChristiEnglandandWales-InternationalCatholicMovementforPeace)

**"POPE: LET US ENTRUST PEACE IN THE WORLD TO MARY"** *The following news report from the Vatican sent in by a Parishioner may encourage us to pray for peace on this Peace Sunday.* 'Pope Francis invites the faithful to join him in prayer to the Blessed Virgin Mary on the Solemnity of the Immaculate Conception: "Let us ask for peace, that hearts may be pacified, that there might be peace!" On the Solemnity of the Immaculate Conception of the Blessed Virgin Mary, Pope Francis returned to the window of the Apostolic Palace for the Angelus. During remarks after the Marian prayer, the Pope looked ahead to his visit in the afternoon to Santa Maria Maggiore and to Piazza di Spagna to pray to Our Lady and intercede for a world without war. "I ask everyone, especially the faithful of Rome, to unite themselves spiritually to me in this act of entrustment to our Mother," the Pope said, "praying particularly for peace, peace in Ukraine, peace in Palestine and Israel, and in every land wounded by war. Let us ask for peace, that hearts might be at peace, that there be peace!"

**ISRAEL/GAZA CONFLICT** We have had one or two enquiries about what the church has to say about this. Please see the Bishops' Conference website [News - Catholic Bishops' Conference \(cbcew.org.uk\)](http://News-CatholicBishops-Conference(cbcew.org.uk)) for items. You can also sign up to receive their weekly e-mail at [Newsletter Sign-up - Catholic Bishops' Conference \(cbcew.org.uk\)](http://NewsletterSign-up-CatholicBishops-Conference(cbcew.org.uk)) which covers many different areas of the work of the Church and the Bishops in our country.

### PEACE IN THE MIDDLE EAST

We continue to pray for peace in Israel and Gaza and the surrounding area. Please also pray for peace and respect in our own Country, that we may all live in peace and security.

**CAFOD Israeli-Palestinian Crisis Appeal** Donate to CAFOD's Israeli-Palestinian Crisis Appeal at [cafod.org.uk/ipc](http://cafod.org.uk/ipc) or call 0303 303 3030 to support those affected and get funds to local trusted experts in Gaza and southern Israel who have been working alongside communities helping those most in need. Your donation will help support aid workers providing urgent humanitarian aid including food, water and emergency shelter to those in need. Thank you.

### TUESDAY AFTERNOON "DROP IN"

Every Tuesday until 19<sup>th</sup> March  
at the Cathedral Centre (upper hall)  
from 2-4pm.

All are welcome for tea/coffee, games, meeting new and old friends for chat and laughter.



**PLEASE PRAY FOR** all who have died recently. We pray for all those who are sick, for whatever reason, that they might find healing and full recovery. For Ian Caws, Ann Rowe, Paul Rumball, Paul Walker, Lizzie Bennett, Pat Burton, Eve Larley, Thérèse Kemp, Richard Crosby, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Andrew Naylor, Irena Ray-Crosby, Indigo Ashworth, Sylvia Reilly, Fr Dominic O'Hara, Carmel Morison, Margaret and Terry Molland, Leigh Warren-Thomas, Ronald Hutton, Tom Fox, Charlotte Cooper, Rosalind Hardie, Alex Mottram, and all in the local hospitals, hospices, the Priory or in their own homes.

### CATHEDRAL SHOP

will be closed from Monday 15th January to Friday 19th inclusive for cleaning and re stocking

### FINANCIAL MATTERS

Many parishioners now donate by setting up a standing order from their bank. This is usually made monthly but can be at other regular intervals such as weekly, quarterly or annually. This is a very convenient method and is a great help to the parish to have the certainty of this regular income. The amount the parish receives, averaged on a weekly basis, is £825.

|                                         |               |
|-----------------------------------------|---------------|
| 6/7 January: received by standing order | 825           |
| Cash in Gift Aid envelopes              | 135           |
| Cash not gift aided                     | 255           |
|                                         | <u>£1,215</u> |
| Budget                                  | <u>£1,250</u> |
| For the Latin Patriarchate of Jerusalem | £408.37       |

**GIFT AID** If you are a taxpayer and don't already Gift Aid your donations please speak to or e-mail Martin Hall on [ga.arundel@abdiocese.org.uk](mailto:ga.arundel@abdiocese.org.uk) or the Cathedral Office.

### FINANCE

If you wish to make a donation to the Cathedral online, here's how:

Direct to the Cathedral bank account:

Bank: HSBC, 69 Pall Mall, London

Account Name: Arundel Cathedral

Sort Code: 40 05 20

Account No.: 41076566

Or via the parish website [Arundel Cathedral – Arundel Cathedral](#) there is a 'Click to donate..' button at the top of the home page. You can Gift Aid via this method.

**DONATION DEVICES** We have two donation devices in the Cathedral where you can donate by card, and you can Gift Aid your donations. We also have a poster and banner with a QR code.

### LITURGY OF THE WORD WITH CHILDREN

will take place **this weekend** and on the following dates in the news year at 9.15am Mass:

28th January;

11th & 25th February;

3rd & 24th March (Palm Sunday)

14th & 28th April 2024

**COFFEE AFTER 9.15am MASS** in the Cathedral Centre - all are welcome.

**CONFIRMATION 2024** Please keep in your prayers our young people who are embarking on their Confirmation preparation this week.

**CATHEDRAL HOUSEKEEPING** If you see a leak or hazard in or around the Cathedral, Cathedral Centre or cemetery, please let Canon David or Louise in the office know.

**PROCLAIMER 2024** Our next edition of the Parish Proclaimer is planned for Easter 2024. The copy date by which we hope to have all articles in is Monday 26<sup>th</sup> February. If you have anything you would like to write about - an event, experience, poem, charity or something entirely new - please do send it -together with photos if possible although not essential - to [melindaheathcote@btconnect.com](mailto:melindaheathcote@btconnect.com).

### DIOCESAN NEWS

#### DAY OF REFLECTION FOR MINISTERS OF THE WORD – Saturday 20 January 2024

Bishop Richard will lead a day of reflection and formation for Ministers of the Word at Sacred Heart Church, Cobham, 11-4pm. Including Lectio Divina and Mass, plus talks on Sacred Scripture, the Liturgy of the Word, the Lectionary, and practical aspects of the ministry. Please register using the link W: [Day of Reflection for Ministers of the Word \(20-Jan-2024\) · ChurchSuite Events](#)

#### DAY OF REFLECTION FOR MINISTERS OF THE EUCHARIST – Saturday 10 February 2024

Bishop Richard will lead a day of reflection and formation for Ministers of the Eucharist at St Michael's, High Salvington, Worthing 11-4pm. The day will include theological and practical talks, Eucharistic Adoration and mass. Please register using the link W: [Day of Reflection for Ministers of the Eucharist \(10-Feb-2024\) · ChurchSuite Events](#)

#### ANNUAL JUSTICE & PEACE ASSEMBLY - Saturday 27 January 2024 10-1.30pm. St Philip Howard Centre, Crawley. Free of charge

Our assembly will address violence and abuse in our homes, families and wider community, with speakers from Restored, Lifecentre and Pax Christi. The doors will open, with refreshments available, from 9.30am. For more information about this event please contact our Caritas Social Action Adviser, Tessa Ricketts E: [Tessa.Ricketts@abdiocese.org.uk](mailto:Tessa.Ricketts@abdiocese.org.uk) You can register using the link [Annual Justice & Peace Assembly - Safe at home, safe in our communities? \(27-Jan-2024\) · ChurchSuite Events](#)

**TURNING TIDES** A box is kept at the back of the Cathedral for your donations for those who are in need, with a list attached of items needed at the moment. (or see: [Wish List 2023 \(turning-tides.org.uk\)](http://turning-tides.org.uk)) Please do not leave fresh food at the Cathedral. Please also ensure that donations are within their use by date and unopened.

**CALLED TO SERVE 2023-2024** An opportunity for teachers to come together with Catholic teachers and leaders to step back and reflect on this unique calling. This free course aims to nurture, challenge and inspire. Face to face dates: 23<sup>rd</sup> January, 20<sup>th</sup> March & 27<sup>th</sup> June 2024. For more information please see the poster on the 'Cathedral Noticeboard' section of our website or contact: Alice Mackay on 01444 221776 or [AMackay@boscocet.org.uk](mailto:AMackay@boscocet.org.uk)

**CONVENT OF POOR CLARES, CROSSBUSH**  
**Taizé prayer** on the last Friday of each month. Next date: **FRIDAY 26<sup>th</sup> JANUARY** at 7:15 **YOU ARE WELCOME!** If you would like to read the Scripture, let us know [arundel.poorclares@gmail.com](mailto:arundel.poorclares@gmail.com)

**ARE YOU INTERESTED IN BECOMING A CATHOLIC?** Or exploring what this entails? If you would like to join the Rite of Christian Initiation for Adults (RCIA) course, please speak to Canon David or e-mail or call the parish office. The course is for discernment and a journey in faith with a view to becoming a full member of the Catholic Church, but there is no commitment at the early stage.

**MARY'S MEALS** has just launched a 'Double the Love' appeal. All donations made to Mary's Meals between now and 22<sup>nd</sup> January will be doubled thanks to a group of generous donors, up to £1 million. To find out more and to donate, go to: [Homepage | Mary's Meals UK \(marysmeals.org.uk\)](http://Homepage|Mary'sMealsUK(marysmeals.org.uk)) or call 0800 698 1212.

**GATWICK DETAINEES WELFARE GROUP** supports asylum seekers and other migrants who are held in immigration detention at Gatwick. Some of those held arrive with only the clothes they are wearing. The charity gives out good quality second-hand men's clothes and would be extremely grateful for laundered donations. The clothes they need are: Tracksuit bottoms: M, L, XL, XXL. T-shirts: S, M. Jeans: 32", 34", 36". Trousers: 32". Trainers: 7, 8, 9, 10, 11 (40-45). They do not give out second-hand underwear. No women's clothes please. These can be left in the grey box at the back of the Cathedral.

**VOCATIONS WEEKEND FOR WOMEN (20s & 30s)** Theme: Discerning God's Call in your life  
Dates: 16-18 February 2024; Location: Liverpool  
The weekend is organised by the Sisters, Faithful Companions of Jesus (FCJ).  
Jesus invites each of us to 'Come and See' - this weekend will give the opportunity to explore the vocation to religious life and to reflect on God's call to you. For more information contact Sr Lynne fcJ at [fcjvocationeurope@gmail.com](mailto:fcjvocationeurope@gmail.com) or visit our website [www.fcjsisters.org](http://www.fcjsisters.org)

The Guildford & District Knights of St Columba invite you to a talk about: **HOW THE ENCOUNTER WITH FAITH IS A TURNING POINT FOR MANY IN THE PRISON SYSTEM** by Marie Norbury, Prison Advice and Care Trust (PACT)  
**Wednesday 17 January 2024, 7pm-8.30pm**, St Dunstan's Catholic Church, Shaftesbury Road, Woking, Surrey GU22 7DT. Locked on the margins of society, out of sight and out of mind, with overcrowding and around 90,000 people in prison in England and Wales, can the discovery and deepening of faith amongst prisoners make a life changing and positive difference to them and their families? Should there be more focus on helping those who commit crimes to truly find mercy, forgiveness, and redemption for their good and that of Society? Find out more in this fascinating talk. There will be refreshments and a retiring collection at the end of the talk. Let us know by email if you are coming at [guildfordknightsfstcolumba@gmail.com](mailto:guildfordknightsfstcolumba@gmail.com)

**ADoRE spiritual mini-retreat** 27<sup>th</sup> January 10.00-1.00 "Chosen to be holy – transformation by the Holy Spirit." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker **Charles Whitehead KSG**. Please register for the Zoom meeting in advance at [bit.ly/ADOREJAN2024](https://bit.ly/ADOREJAN2024)  
More information at [www.altonrenewal.com](http://www.altonrenewal.com)

**THE NEXT CHILWORTH ABBEY STUDY MORNING**, is on Saturday, January 20<sup>th</sup>, 2024, led by Fr John Seddon OSB, on Part 5 of Jeff Cavin's 'A Quick Journey through the Bible', dealing with Joshua and Judges. 1 and 2. 1 and 2 Samuel with 1 Kings 1-11: Conquest, Judges and Royal Kingdom. Mass, 9.00am, Video and Talks 10.30am-12.15pm. Bring a friend if possible. See [www.chilworthbenedictines.com](http://www.chilworthbenedictines.com) for more details

#### **SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.  
Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you  
now and forever. Amen